

KIKKOMAN MEAL KIT
SPICY GARLIC

Nutrition Facts

1 servings per container

Serving size 1 Box (135g)

Amount Per Serving

Calories **280**

% Daily Value*

Total Fat 1g **1%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 1230mg **53%**

Total Carbohydrate 64g **23%**

Dietary Fiber 4g **14%**

Total Sugars 15g

Includes 15g Added Sugars **30%**

Protein 4g

Vitamin D 0mcg **0%**

Calcium 0mg **0%**

Iron 0.9mg **6%**

Potassium 200mg **4%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.